

**You were prescribed Doxycycline by your Eye Doctor;
here are some key items to keep in mind:**

1. You should not take doxycycline if:

- You are under the age of 12
- You are pregnant, nursing or may become pregnant (even birth control pills can become ineffective in the presence of a broad spectrum antibiotic and therefore doxycycline should be avoided)

2. The following risks exist while taking doxycycline medications:

- Increased risk of sunburn
 - wear sunscreen or long sleeve clothing if in the sun
- Risk of dizziness or headaches
 - if you experience either of these stop the medication and contact your eye doctor
- Increased stomach problems

3. The following should be avoided when taking doxycycline as they will make doxycycline ineffective:

- Antacids such as Tums or Rolaids
- Calcium supplements
- Dairy products

Note: All of these can be taken 2 hours or more after taking doxycycline

4. The following suggestions are important when taking doxycycline pills to minimize stomach upset:

- Do NOT take pills before lying down (wait at least 30 minutes before lying down)
- Do NOT take pills with anything but water (acidic beverages such as orange juice or even coffee may cause stomach problems in combination with doxycycline)
- DO take pills with meals (provided there are not a lot of dairy products in your meal)

Your doctor will also prescribe a lower dose of doxycycline if appropriate and this will help to minimize any side effects of the medication.